

Allerges: G~Gluten CR~Crustaceans E~Eggs F~Fish PN~Peanuts SB~Soya Beans MD~Milk/Dairy N~Nuts CL~Celery M~Mustard S~Sesame SD~Sulphur Dioxide L~Lupin ML~Mollusc GRAVY contains Gluten, BAKED BEANS contain low salt, low sugar and Gluten

Week 1

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese & Tomato Pizza Slice MD-G-SB	Sausage & Tomato Sauce Pasta G with Cheese MD	Roast Beef, Yorkshire Pudding G- MD-E & Gravy G	Chargrilled Chicken Fillet	Oven Baked Breaded Fillet of Fish G-F
Vegetables	Oven Baked Wedges G Cucumber, Grated Carrot Salad	Garlic Slice G- MD Sliced Tomatoes and Sweetcorn	Roast Potatoes, Carrots & Broccoli	New Potatoes, Baked Beans G & Side Salad	Chips, Garden Peas & Sweetcorn
Pudding	Jammy Dodgers G-MD- E	Lemon Sponge MD-G- E-SB & Custard MD	Mixed Fruit Jelly Contains Beef Gelatine	Syrup Sponge G-E-MD-SB & Custard MD	Ice Cream MD & Tinned Fruit

Week 2

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Jacket Potato with Tuna Mayo E or Cheese MD with Spread MD	Mediterranean Vegetable Chicken Pasta G & Cheese MD	Lincolnshire Sausages G	Mediterranean Chicken SB Wrap G	Gluten Free Salmon Fish Cakes F-MD-E
Vegetables	Diced Tomato & Cucumber	Garlic Slice G- MD & Side Salad	Mashed Potatoes MD Cabbage & Carrots	Brown Rice, Plain Yoghurt MD-SB Lettuce & Peppers	Chips, Garden Peas & Sweetcorn
Pudding	Crispy Chocolate Balls MD-G	Peach Sponge G-E-MD-SB & Custard MD	Fruit Salad	Sultana Sponge MD-E- SB & Custard MD	Fruit Jelly Contains Beef Gluten & Ice Cream MD

Week 3

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Fresh Beef Burger G-SB- SD Bread bun G & Homemade Relish	Bolognese Sauce F Pasta G With Cheese MD	Roast Pork, Stuffing Balls G-MD & Gravy G	Breaded Chicken Fillet G-E- MD-M-CL	Oven Baked Battered Fillet of Fish G-F
Vegetables	Oven Baked Potato Wedges G , Cucumber & Lettuce	Garlic Slice G- MD Tomato & Grated Beetroot	Roast Potatoes, Carrots & Garden Peas	Pasta Salad G	Chips & Baked Beans G
Pudding	Fruit Oat Cookie MD-G-E	Apple Crumble MD-G & Custard MD	Fruit Yoghurt MD-SB & Shortbread Biscuit MD-G	Chocolate Sponge MD- G-E-SB with Chocolate Sauce MD	Fruit Smoothie

Fresh fruit and Wholemeal Bread available daily. Special Dietary Requirements can be catered for upon request.