



18th April 2017

Dear Parent/Carer(s),



Speak out. Stay Safe.

Every three years, the NSPCC visit our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse. At the same time, we have a fundraising event to raise money for this much needed charity.

The NSPCC, which is the UK's leading children's charity, will be delivering their **Speak out. Stay safe.** programme in school, with the help of their friendly mascot Buddy on **Thursday 20th April**. To support this worthy charity we will be asking children to wear one item of green clothing as part of their uniform on this date and suggest a donation of £1 each – children might like to wear a green wrist band, hat, hair bobble, scarf, t-shirt or sock! This is a nationwide programme for every primary school child in the UK.

What is the Speak out. Stay safe. programme?

Through child friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary school aged children. By the end of their visit, we are convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or feel free to attend the NSPCC Parent Workshop led by Sara Parker, which will be held at school on **Wednesday 19th April (9-10am)**.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a range of child friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can also find out more and download free resources at nspcc.org.uk/pants

If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely,

Mr P Fox
Headteacher

